



INDOOR PLANTS

Indoor plants do more than just look nice – they actually improve your health and well-being in several ways. Research shows they can reduce stress and boost your mood just by being around them. They also help clean the air by removing common pollutants and releasing fresh oxygen. Having plants can help you focus better and get more done!

Aloe Vera

Asparagus Fern *

Australian Tree Fern *

Bamboo Palm




Boston Fern

Cast Iron Plant

English Ivy

Fiddle Leaf Fig *

Fish Tail Palm *

		
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Easy Care 

Moderate Care 

High Maintenance 



INDOOR-PLANTS

Monstera *

Peace Lily *

Pothos *

Prayer Plant




Rex Begonia

Snake Plant

Spider Plant *

Spiderwort

ZZ Plant

		
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

*RPL Plant

Rooted in Reading is made possible by grant funds from the Institute of Museum and Library Services as administered by the Massachusetts Board of Library Commissioners.

Massachusetts Libraries
BOARD OF LIBRARY COMMISSIONERS



Easy Care 

Moderate Care 

High Maintenance 